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|  | **Type 1** | **Type 2** |
| **Causes** | Caused by autoimmune response on beta cells in the pancreas | Caused by lifestyle factors, eg overweight, lack of exercise |
| **Insulin** | Does not produce insulin but cells do respond to it | Does produce insulin but cells don’t respond to it |
| **Treatment** | Requires daily injections of insulin to manage conditions | Require management of diet, eg increase activity |
| **When** | Normally begins in childhood/early life | Normally begins onwards of 40 |